

How to deal with Symptoms of COVID-19 during the school day - information for parents/carers

Parents and Staff must adhere to up to date Government guidance on dealing with symptoms of COVID-19; <https://www.gov.uk/coronavirus> in order to minimise contact with individuals who are unwell with coronavirus symptoms.

We have also compiled a '**What to do if...**' information sheet for parents that is on our website and has been emailed out to parents. It is included as an appendix to this document and should support them with what actions to take if their child or family member is showing symptoms.

What to do if someone becomes ill during the school day.

If anyone in the school becomes unwell with a new and persistent cough or a high temperature, or has a loss of, or change in, their normal sense of taste or smell (anosmia), they must be sent home and advised to follow '[stay at home: guidance for households with possible or confirmed coronavirus \(COVID-19\) infection](#)', which sets out that they should self-isolate for at least 10 days and should [arrange to have a test](#) to see if they have coronavirus (COVID-19).

We will phone parents/carers to inform them that their child is unwell, but continue to care for them as we would any poorly child awaiting collection.

If they have had symptoms of COVID-19 or a positive test, then you may end your self-isolation after 10 days and return to your normal routine if you do not have symptoms other than cough or loss of sense of smell or taste. If you still have a high temperature, keep self-isolating until your temperature returns to normal and seek medical advice.

After 10 days, if you just have a cough or a loss of, or change in, your normal sense of taste or smell (anosmia), you do not need to continue to self-isolate. This is because a cough or anosmia can last for several weeks once the infection has gone. The 10-day period starts from the day when you first became ill.

Other members of their household (including any siblings) should self-isolate for 14 days from when the symptomatic person first had symptoms.

Appendix

What to do if...	Action Needed	Return to school when...
...my child has coronavirus symptoms.	<ol style="list-style-type: none"> 1. Do not send your child to school 2. Self-isolate 3. Get a test 4. Inform school about the situation 	<p>...the test comes back negative and they no longer have symptoms. They have isolated for 10 days and no longer show symptoms.</p>
...my child tests positive for coronavirus.	<ol style="list-style-type: none"> 1. Do not send your child to school 2. Self isolate for at least 10 days 3. Inform school about the situation 	<p>...they have been isolating for at least 10 days and feel better. (Sometimes they still have a cough, loss of smell/taste for several weeks so as long as they meet the above criteria and feel well enough for school they can come back)</p>
...somebody in my household has coronavirus symptoms.	<ol style="list-style-type: none"> 1. Do not send your child to school 2. Self-isolate 3. Household member to get a test, and hopefully rest of family. 4. Inform school about the situation 	<p>...the household member's test is negative.</p>
...somebody in my house has tested positive for coronavirus.	<ol style="list-style-type: none"> 1. Do not send your child to school 2. Self isolate for 14 days 3. Inform school about the situation 	<p>...the child has completed 14 days of self-isolation and has no symptoms.</p>
...NHS test and trace have identified my child as a 'close contact' of somebody with symptoms or confirmed coronavirus.	<ol style="list-style-type: none"> 1. Do not send your child to school 2. Self- isolate for 14 days 3. Inform school about the situations 	<p>...the child has completed 14 days of self-isolation and has no symptoms.</p>
...we/my child has travelled and has to self-isolate as part of a period of quarantine.	<ol style="list-style-type: none"> 1. Do not send your child to school 2. Self-isolate for 14 days 3. Inform school about the situation 	<p>...the quarantine period of 14 days has been completed and your child and members of your household continue to have no symptoms.</p>

<p>...we have received medical advice that my child must resume shielding.</p>	<ol style="list-style-type: none">1. Do not send your child to school2. Shield until you are informed that the restrictions have been lifted.3. Inform school about the situation.	<p>...you are informed that restrictions have been lifted and your child can return to school again.</p>
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